

IMPORTANT INFORMATION
Southern Alberta Women's Hockey Association
REFEREES TIMEKEEPERS SCOREKEEPERS

The following information has been compiled to assist you for SAWHA League games and may be used for reference. Penalty abbreviation Guide below.

- 5 minute Warm-up to begin promptly at scheduled ice time-Referees should be on ice
- Game lengths are three (3) 15 minute stop time periods
- No Red line rule for all Female hockey
- Hurry-up & quick face-offs Rule in effect
- Player assessed any four (4) minor penalties results in automatic Game Ejection (SAWHA)
- Any player assessed three (3) stick penalties will result in an automatic Game Ejection. *Stick infractions include high sticking, cross-checking, slashing, spearing and butt-ending (CHA Rule)
- Game Misconduct penalty assessed in the last ten (10) minutes of regulation time = Game Ejection and will result in next game suspension. Ten (10) minutes should be charged to the player on the game sheet by the scorekeeper/timekeeper.
- When only five minutes remaining in the allotted ice time – clock will be dropped to two (2) minutes
- One (1) 30 second time out allowed per team
- Both Referees/Game Officials to print legibly their name, Official Number and sign the game sheet.
- Referee Game Reports or Incident Reports should be written on the back of the game sheet white copy in legible handwriting and signed by one or both officials detailing the incident.
- Home team or team with any Referee Game Report must duly report the incident as soon as possible or maximum 24 hours to SAWHA – if Disciplinary action is to be taken.
- Timekeepers/Scorekeepers to indicate Game Start/Game End times and sign the game sheet

Abbreviations Guide for Penalty Infractions

Boarding	BRD	Hooking	HK
Body Check	BC	Interference	INT
Butt Ending	BE	Kneeing	KN
Charging	CHG	Match Penalty	MATCH
Check from Behind	CFB	Misconduct	MISC
Cross Check	XC	Game Misconduct	GM
Elbowing	ELB	Roughing	RGH
High Sticking	HS	Slashing	SL
Holding	HLD	Spearing	SP
Holding the Stick	HLDS	Tripping	TRP
Hooking	HKG	Unsportsmanlike	UNS
Interference	INT	Game Ejection	GM

All penalties deemed as a Check from Behind result in an automatic Game Ejection. The penalty is to be served by another player who was on the ice at the time of the infraction. Penalty may be assessed as a Minor, Major or Match depending on the severity of the infraction.